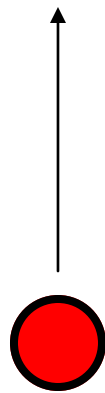
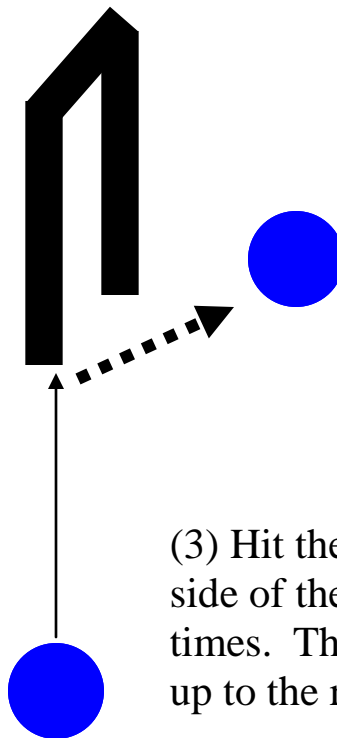
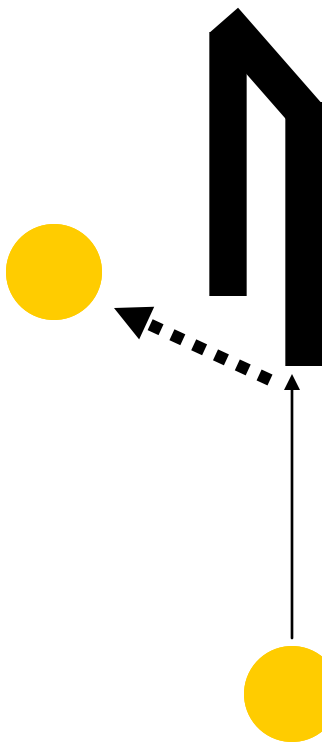


Drills to Improve Accuracy

(1) Using the side of the wicket as your target, set a ball 2 feet from the wicket and hit the ball into the **center** of the stanchion 10 times.



(2) Next, hit the ball to the **left** side of the stanchion 10 times. The ball should end up to the left.



(3) Hit the ball to the **right** side of the stanchion 10 times. The ball should end up to the right.

Drills to Improve Accuracy

(4) When shooting the hoop from an angled position, aim for the inside of the far stanchion.

In this illustration aim to the “left” side of the right stanchion.

